

# NEBOSH General Certificate in Occupational Safety and Health

**Pass rate 90%**

## Course Outline

This popular internationally recognised course is for those who have responsibilities in health and safety, to give them the underpinning knowledge to enable them to function effectively. It is the entry level course for a health and safety officer, or for those who are just starting out on a career in safety. This course gives a qualification which is highly respected and valued. Sussex Safety has run this course over the last 25 years. The tutors are Chartered Safety and Health Practitioners who can draw on a wide range of experience. During the course, real life situations are discussed and experiences shared, which gives greater insight into problems and practical solutions to improve safety management systems. The tutors have been NEBOSH examiners, so have the skills to guide delegates to pass exams.

## Learning Outcomes

On successful completion of the course, learners will be able to:

- Justify health and safety improvements using moral, financial and legal arguments.
- Advise on the main duties for health and safety in the workplace.
- Help their organisation manage contractors.
- Work within a health and safety management system, recognising what effective general policy, organisation and arrangements should look like.
- Positively influence health and safety culture and behaviour to improve performance in their organisation.
- Do a general risk assessment in their own workplace – profiling and prioritising risks, inspecting the workplace, recognising a range of common hazards, evaluating risks (taking account of controls), recommending further control measures, planning actions.
- Recognise workplace changes that have significant health and safety impacts and effective ways to minimise those impacts.
- Develop basic safe systems of work (including taking account of typical emergencies) and knowing when to use permit-to-work systems for special risks.
- Take part in incident investigations
- Help their employer to check their management system effectiveness – through monitoring, audits and review.

## Course Format

Each delegate is given the course textbook, and a revision workbook which contains example exam questions and revision sheets. Guidance is also given on study skills for learning and revising for the exams.

- NG1 - Management of Safety and Health – first 4 days cover this area of the course. There are Mock Exams so delegates can assess their learning to date, plus a revision day.
  - NG2 – Risk Assessment – the next 6 days completes this part of the course.
- NEBOSH recommend delegates undertake at least 22 hours private study during the course.  
More information – <https://www.nebosh.org.uk/qualifications/national-general-certificate/>

### Who should attend

Risk Managers, Health and Safety Officers, Managers, Supervisors, Assessors, Employee representatives, or those wanting to start a career in health and safety.

### Assessments and Qualification

These comprises of 3 parts:

- 2 hour written paper covering NG1 syllabus.
- Producing a risk assessment of a workplace which considers a wide range of identified hazards covered in GC2 and meets best practice standards.

National exams for NG1 are held on 4 days of the year on the 1<sup>st</sup> Wednesday in September, December, March and June.

The NEBOSH Certificate is accepted by the Institution of Occupational Safety & Health (IOSH) as meeting the academic requirements of Technical Membership of IOSH (TechIOSH). It is also accepted by the International Institute of Risk & Safety Management (IIRSM) for Associate Membership. The course gives a sound basis to proceed to the NEBOSH Diploma. For more information – <https://www.nebosh.org.uk/qualifications/national-general-certificate/>

### Course Options

#### ***Open course***

Venue: Henfield, West Sussex

Duration: 1 day per week for 11 weeks including a revision day

No. of Delegates: up to 5

Cost per person: £1000 (no vat) which includes revision workbook and textbook; Plus £117 per person for the NEBOSH Registration fee. (Total £1117)

Course Dates: Please see website

#### ***In-house course***

Venue: requirements in your workplace include seating with tables; a wall/screen on which to show a laptop presentation; flip chart; and facilities where staff can access refreshments.

Duration: Normally, 1 day per week for 11 weeks, or to suit your needs.

No. of Delegates: up to 20

Cost per course: £ 6,950 (no vat) which includes revision workbooks and textbooks. Plus £117 per person for the NEBOSH Registration fee. Travel and accommodation expenses may be charged depending on the venue.