

IOSH Display Screen Equipment (DSE) Assessor's Course (Refresher)

Pass rate 100%

Course Outline

This course has been designed so that it can be taught according to the policies and procedures of individual organisations, either as an assessor course or as a refresher. The course includes a review of legal, moral and financial reasons for managing health risks, how to set up a DSE workstation or laptop and how to conduct a risk assessment. There is a short assessment at the end of the day to ensure learning has taken place.

Learning Outcomes

On successful completion of the course, delegates should be able to:

- Define which equipment comes under the scope of the DSE regulations.
- Describe the employer's duties under the DSE regulations.
- Understand the moral, legal and financial reasons for managing the risk from DSE.
- Understand the reasons why people get upper limb disorders, and typical signs and symptoms.
- Demonstrate pro-active stretching exercises, and consider how they could be introduced in their work area.
- Identify what should be reported internally and what is reportable under RIDDOR.
- Understand why people get backache, how it may be made worse by DSE work, and possible solutions.
- Understand the causes of eye problems, headaches and fatigue and possible solutions.
- Be able to safely set up a PC and Laptop, and identify unsafe DSE work practices and suggest solutions.
- Be able to accurately complete a DSE assessment and action plan.
- To understand the role of the DSE assessor.

Who should attend

Display screen assessors, or those wanting a greater understanding of the subject.

Assessment and Certification

An *IOSH Display Screen Equipment Assessors* certificate is awarded to those who successfully complete a short answer question paper.

Course Options and Pricing

In-house

Venue: requirements in your workplace include: seating with tables; a wall/screen on which to show a laptop presentation; flip chart; and facilities where staff can access refreshments. Ideally there will be access to a computer workstation and chair, but this is not essential.

Duration: 1 day

No. of Delegates: up to 12

Cost per course: £ 500 (no vat) plus £20 + vat per person for the IOSH certificates.

Open course

Venue: Henfield, West Sussex

Duration: 1 day

No. of Delegates: up to 5

Cost per person: £ 100 (no vat) plus £20 + vat for the IOSH certificate. (£124 per person)

Next Course Date: Please see our website for course dates www.sussexsafety.co.uk

This course can be offered without IOSH accreditation, where delegates would receive a Sussex Safety certificate free of charge.